



COACHING CONGRESS 2019

Sweden

Program, June 11

This day will be held in Valhall, house 41, room 41:204, (except session 2 which will be in house 99, and lunch) Registration and Swedish fika in lobby

09:00-10:00 Registration

10.00-10.15

Lars-Eric Uneståhl

Welcome to the International ICC Coaching Congress and an introduction of the Congress and of the project; Coaching the world.

President of Scandinavian International University and President for the Gävle Congress. He is also the founder of the Mental Training (1960's) and of the International Society of Mental Training and Excellence. Has served as a visiting professor at many universities around the world and worked with the Olympic Committees in 12 countries. 21 books and many articles. His mental training programs have been used by millions of people.

10.15-11.00

Joseph O'Connor, UK

Coaching the brain. Practical Applications of Neuroscience to Coaching

Joseph O'Connor was one of the most known people in NLP (written 17 books about NLP) until he the year 2000 changed his specialty to Coaching and together with his wife founded ICC, which today is the organization with the largest number of certified coaches. He has trained trainers in more than 60 countries which give certification courses. He himself travels constantly around the world speaking for professional audiences from all areas of society, also for Sport people which is the topic for one of his many books.

11.00-11.30 Swedish Fika

11.30-12.10

Joseph O'Connor, UK

Coaching the brain. Practical Applications of Neuroscience to Coaching

12.15-13.00

*Session 1. Daniel Alvares Lamas, Spain:
(Valhall, house 41, room 41:204)*

Dialectical thinking through Visualization. What we see determines how we think.

Dialectical thinking is a complex way of processing thoughts. They can be developed through 4 clusters of thinking: context, process, relationship and transformational systems. I'll explain the research we've made, analyzing the speech of the coachees before and after visualization. The result is that all of them start thinking different, from a "social agreement paradigm" to dialectical way of thinking.

*Session 2. Alisa Miniotaite, Lithuania
(Room no 99:132, house 99)*

Habits of organization. Habits separate successful and unsuccessful people, same is with organizations – habits differ ineffective companies from those having a winning culture. Let's discover how to make an audit of organization habits, how to change the old and create new ones.

Lunch is served in Restaurang Markan

13.00-14.00 Lunch

(served in restaurang Markan)

14.00-14.45

Session 1. Ludmila Frolova, Russia

Solutions for a happy and meaningful lives.

In modern life (and more so in the future) there are many situations with new components, which give people a feeling of uncertainty: “I don’t know what it is”, “I don’t know what it means for me, I don’t know how to react”... Notions like AI “Artificial Intellect”, “Climate Changes”, “Workplaces with robots instead of people” and questions like “Is this medicine effective for cancer?” “Is a war on the way, Will I manage all problems in the future” etc. – are creating feelings of negative stress, leading to “solutions” like tablets, alcohol, drugs, etc.... – Not very healthy solutions. We will talk about how to use coaching to develop a new and adoptive thinking leading to a happy and meaningful life.

Session 2. Marcela Parga Fernandez, Spain (Session will be held in spanish)

(Room no 99132, house 99)

Mediation of conflicts through Coaching

The conflict usually generates an emotional explosion and a sense of disorder. Therefore, it often seems that the conflict causes the system to malfunction. Nothing is further from reality. The system was not good, and the conflict is the alert. So, we must manage it. With all due respect to the discomfort that it causes, the mediator-coach welcomes the conflict and prepares to deploy all his skill and knowledge with this methodology of mediation through coaching, to help people reach a secure and careful communication, a more evolved version of the team they form.

14.50-15.30

Ben Furman, Finland

A new way of thinking about coaching

Learn how to bring joy and fun into coaching by using magic solution-focused questions.

Miracle-making love potion; the amazing happy family game; the awesome celebration-question; the triple praise exercise; the fan-club method. Are you serious? Can difficult problems be triumphed with fun activities, games, laughter and joy. Believe it or not, that’s the new trend inspired partially by the huge success of the gaming industry and partially by the emergence of positive and solution-focused psychology. Come and join us to have fun and to learn a wealth of therapeutic games and activities that your clients will love and that will make your work so much fun that you will not even want to charge your clients anymore. Just kidding!

15.30-15.50 Swedish Fika

15.50-16.30

Ben Furman, Finland

A new way of thinking about coaching

16.30-17.20

Elene Uneståhl & Lars-Eric Uneståhl, Sweden

Self-Coaching, Self-Leadership and Coaching of the unconscious Mind

This coaching model is based on Elenes training program: “Unconscious presence” and Lars-Erics Psycho-Neuro-Cybernetic model and Ideomotor programs and is today an important part of the “Coaching with Mental Training”.

17:30-18.30 - Mingel

ICC congress delegates together with arriving World Congress delegates.

The seminars will be held in English (Except Marcelas which will be held in Spanish)